

present your RSL membership card when ordering to receive the members price discount or to use your RSL rewards points for payment.



ENTREES

member/guest

Garlic or Herb Cobb Loaf

\$7.90/\$8.50

garlic butter or herb butter in a toasted cobb loaf

Soup of the Day (can be) gf

\$7.40/\$8.00

see our specials board for the soup of the day

Bowl of Chips (can be) gf

\$12.00/\$13.00

with your choice of aioli or sour cream and sweet chilli

Chunky Potato Wedges

\$12.50/\$13.50

served with your choice of aioli or sour cream and sweet chilli sauce

Bruschetta v/vg

\$12.90/\$14.00

zesty tomato salsa, with fresh basil, mint, avocado, spanish onion, cucumber, mango and roast red capsicum on toasted sour dough

Salt and Pepper Calamari (can be) gf

\$15.70/\$17.00

tender fried calamari strips coated in a salt and pepper seasoning served on lettuce leaf with a lemon dill aioli
*main size available for \$24.00/\$26.00

Chilli or Garlic Prawns gf/(can be) df

\$17.60/\$19.00

chilli or garlic prawns, poached in a light cream sauce on steamed jasmine rice

* main size available for \$25.40/\$27.50

SALADS

member/guest

Grilled Salmon Salad gf/df

\$21.70/\$23.50

grilled salmon with a cherry tomato, cucumber, red onion, avocado, mixed lettuce salad with sweet chilli, lime coriander dressing topped with sweet potato crisps

Classic Caesar Salad gf (can be) df

\$19.90/21.50

cos lettuce tossed with pancetta and bacon in a caesar dressing, with anchovies, croutons and a poached egg
*add grilled chicken or smoked salmon for \$4.50

Lemon Chicken and Thyme Salad gf (can be) df

\$21.30/\$23.00

flame grilled marinated lemon chicken with a salad of cos lettuce, tomato, cucumber, olives, danish fetta and avocado in a light house dressing.

Warm Vegetable Salad gf/df

\$19.40/\$21.00

oven roasted pumpkin, sweet and chat potato, beans, carrots, red capsicum, red onion, tossed with spinach, walnuts and balsamic dressing *add chicken or smoked salmon for \$4.50

MAINS

member/guest

steaks, schnitzels, and parmas are served with your choice of either vegetables, chips and salad or chips and vegetables. all other main meals are served as described, sides cannot be substituted but are available to add as listed under sides and extras

Seafood Crepe

\$25.40/\$27.50

a mix of prawns, shrimp, squid strips, fish pieces and mussels, poached in a garlic cream sauce, wrapped in a french crepe and served with your choice of sides

Open Chicken Souvlaki

\$23.60/\$25.50

char grilled marinated chicken breast on a wrap with lettuce, tomatoes, roasted peppers and red onion with garlic yoghurt sauce and chips

Southern Chicken Burger

\$23.60/\$25.50

southern fried chicken fillet with cos lettuce, tomato, red onion, cheese, bacon and chipotle mayo with onion rings served with chips

Crispy Skin Pork Belly

\$26.40/\$28.50

slow cooked pork belly with a crispy skin served with a plum jus on mash potato and vegetables

Crumbed Lamb Cutlets

\$27.30/\$29.50

crumbed Lamb (2) cutlets served with mash potato and greens finished with a rich red currant jus

Roast of the Day gf/df

\$23.60/\$25.50

roasted prior to every service, freshly carved and available until sold out, with traditional accompaniment and seasonal roast vegetables and potato

Vegetarian Stack Lasagne v

\$21.70/\$23.50

char grilled eggplant, zucchini, roast capsicum, sweet potato, napoli sauce layered between pasta sheets, served with a side garden salad

Fish of the Day

\$marketprice

check the specials for todays fish of the day

Steak Sandwich

\$25.40/\$27.50

char-grilled steak fillet in a turkish roll, with cos lettuce, tomato, bacon, caramelized onions, a fried egg and tomato relish, served with chips

Swordfish gf/df

\$29.10/\$31.50

char grilled swordfish steak topped with tomato mango avocado salsa served with roasted potato and fresh seasonal vegetables.

Beer Battered Fish and Chips

\$25.00/\$27.00

barramundi fillets, fried in a light beer batter, served with tartare sauce and a lemon wedge and your choice of sides, grilled fillets available upon request

PARMAS and SCHNITZELS

member/guest

all schnitzels are homemade, hand crumbed, 250gm breast chicken and served with your choice of either vegetables, chips and salad or chips and vegetables
all Schnitzels and parmas can be gluten free upon request

Chicken Schnitzel df(can be) gf

\$24.00/\$26.00

chicken schnitzel coated in panko breadcrumbs cooked golden brown and served with your choices of sauces

Chicken Parmigiana

\$25.90/\$28.00

chicken schnitzel with panko breadcrumbs, napoli sauce, sliced ham and a melted cheese mix

Prawn Inferno Parma

\$27.70/\$30.00

chicken schnitzel with prawns, hot tomato and chilli sauce, topped with napoli and melted mozerella cheese

Chicken King Avocado Parma

\$27.70/\$30.00

chicken schnitzel with bacon, avocado, melted mozerella cheese and hollandaise sauce

Chicken Malibu Parma

\$28.20/\$30.50

chicken schnitzel topped with maple bacon, cajun grilled pineapple, napoli sauce and grilled mozerella cheese

Baby Parmigiana

\$22.00/\$24.00

150gm bought in chicken schnitzel, with the same napoli sauce, sliced ham and cheese mix as the main size parma

WOKS and PANS

member/guest

Chicken Leek & Sundried Tomato Risotto

\$23.60/\$25.50

chicken pieces in a creamy risotto of sundried tomatoes and spinach topped with shaved parmesan cheese and fried leek.

Linguine Carbonara

\$22.20/\$24.00

linguine with crispy bacon and mushrooms in an egg and creamy cheese sauce, with a hint of cracked pepper and freshly shaved parmesan

Nasi Goreng

\$23.10/\$25.00

indonesian-style fried rice with vegetables, chicken, pork, and shrimp, wok fried in a light sauce with a hint of chilli topped with a fried egg and shallots

Chicken and Cashew Stir Fry df (can be) v

\$23.10/\$25.00

marinated chicken strips tossed in a medley of vegetables, asian sauce, hokkein noodles and topped with cashew nuts
(can be) can be made upon request, v - vegetarian, veg - vegan, df - diary free, gf - gluten free

FROM THE GRILL



all steaks are cooked to your liking and served with a choice of a sauce and either vegetables, chips and salad or chips and vegetables. see below for additional toppers, sauces and sides

members/guest

Scotch fillet 250gm (can be) gf \$37.90/\$41.00

great southern premium scotch fillet char grilled and lightly seasoned

Porterhouse 250gm (can be) gf \$36.50/\$39.50

great southern premium porterhouse (sirloin) char grilled and lightly seasoned

Rump 200gm (can be) gf \$25.40/\$27.50

120 day grain fed rump steak char grilled and lightly seasoned

Rump 400gm (can be) gf \$34.70/\$37.50

120 day grain fed rump steak char grilled and lightly seasoned

The Big Mixed Grill (can be) gf \$37.90/\$41.00

200gm rump steak with a beef sausage, grilled chicken, crispy bacon, grilled tomato, sautéed mushrooms and a fried egg

toppers and sauces

mushroom, pepper, garlic butter, gravy, hollandaise, sweet baby rays bbq, hot english, american or seeded mustard, all extra sauces are \$2 per ramekin

Garlic prawns in a cream sauce \$9.30/\$10.00

Onion rings in batter x4 \$3.70/\$4.00

Fried egg x2 \$3.70/\$4.00

sides, extras and bowls

Add side of potato mash \$3.20/\$3.50

Add side garden salad veg/v/gf/df \$3.20/\$3.50

Add side of chips (can be) gf \$3.20/\$3.50

Add side of vegetables gf/veg/v(can be)df \$3.20/\$3.50

Bowl of steamed vegetables gf/veg/v(can be)df \$7.40/\$8.00

Bowl of fresh garden salad gf/veg/v(can be)df \$7.40/\$8.00

Bowl of potato mash and gravy \$7.40/\$8.00

(can be) can be made upon request, v - vegetarian, veg - vegan

df- diary free, gf - gluten free

SENIORS MEAL DEALS

please present your seniors card at the time of ordering steaks, schnitzels, and parmas are served with your choice of either vegetables, chips and salad or chips and vegetables. all other main meals are served as described, sides cannot be substituted.

2 course - any main and dessert or soup \$21.50

3 course - soup, any main and a dessert \$26.50

add \$4.50 to include the Porterhouse

Soup of the Day \$6.50

see specials or ask our friendly staff for the soup of the day

seniors mains

Lambs Fry gf \$17.50

lambs fry served with bacon, gravy, mashed potato and vegetables

Roast of the Day gf \$17.50

freshly roasted selection of the day, with traditional accompaniment, and seasonal roast vegetables

Chicken Schnitzel or Parma \$17.50

the seniors version of our classic schnitzel or parma served with either chips and salad or vegetables

Grilled or Battered Fish and Chips (can be) gf/df \$17.50

your choice of grilled or battered, served with tartare sauce, a lemon wedge and chips and salad

Prawn Twister Salad \$17.50

4) prawn twisters with a salad of cherry tomato, cucumber and red onion and mixed lettuce with a cocktail dipping sauce.

Caesar Salad \$17.50

cos lettuce tossed with pancetta and bacon in a caesar dressing, with anchovies, croutons and a poached egg

*add grilled chicken or smoked salmon for \$4.50

Bangers and Mash gf \$17.50

beef sausages topped with gravy served with potato mash and vegetables

Linguine Carbonara \$17.50

pan fried garlic, bacon and mushroom in a cream sauce with linguine pasta, topped with shaved parmesan

Plum Chicken \$17.50

battered chicken tenderloins, topped with plum sauce, served on rice with vegetables

Porterhouse Steak (can be) gf \$22.00

150gm porterhouse cooked to your liking and served with your choice of sauce and either chips and salad or vegetables

seniors desserts

Cake of the Day \$6.50

see our cake display fridge

Pavlova \$6.50

with chantilly cream, mandarin and raspberry coulis

CHILDRENS MEAL DEALS

for the kids

under 12yo

kids meals come with a kids drink and dixie cup ice cream

Crumbed Calamari Rings \$11.00

served with chips and tomato sauce

Chicken Nuggets \$11.00

served with chips and tomato sauce

Crumbed Fish \$11.00

served with chips and tomato sauce

Pasta Bolognese (can be) gf \$11.00

pasta and bolognese with parmesan cheese

Roast and chips (can be) gf \$13.50

fresh carved roast with chips, available until sold out

for the big kids

under 15yo not for adults

big kids meals come with a kids drink and bowl of ice cream

Chicken Schnitzel \$17.50

served with a lemon wedge and choice of sauce and sides

Cheese Burger \$17.50

served with chips and tomato sauce

Chicken Parma \$17.50

kids version of our classic parma with choice of sides

Roast and Veg gf/df \$17.50

fresh carved roast with vegetables, available until sold out

Fish and Chips (can be) gf/df \$17.50

battered fish with chips, salad, tartare sauce and a lemon wedge

Snags and Mash \$17.50

classic beef sausages with mash, vegetables and gravy

kids desserts

Frog in a Pond \$3.50

milk chocolate freddo frog with a flavoured jelly cup

Bowl of Ice Cream \$6.50

ice cream with sprinkles and topping